

PROFESSIONAL DISCLOSURE STATEMENT

Thriving Families LLC
Kristen Poppert, LPC
1230 NE 3rd St, Ste A-160
Bend, Oregon 97701
(541) 668-6891

Philosophy and Approach: I believe that as a therapist I am a facilitator on your individual journey. I believe our mind and body's natural orientation is towards health and wellness. I practice from an attachment perspective while including aspects of play therapy, gestalt, cognitive behavioral, and mindfulness. I also use EMDR where appropriate.

Formal Education and Training: I hold a master's degree in Clinical Psychology from Pacific University. Major course work included child development, human growth and development, group dynamics, clinical counseling intervention, assessments, diagnosing and treatment planning, and ethics.

As an Licensee with of the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To maintain my license, I am required to participate in continuing education, taking classes about subjects relevant to the profession.

Fees:

a. Session Rates. Sessions are 50-53 minutes in length and are billed at the session rate of \$130-180. Intake sessions are \$130-200. You are responsible for paying at the time of your session unless prior arrangements have been made. Payment may be made by cash, check, or credit card. Any checks returned to my office are subject to an additional fee of up to \$25.00 to cover the bank fee that I incur. Balances will typically not be carried forward and future sessions may be cancelled if the balance is not paid. If you refuse to pay your debt, I reserve the right to use an attorney or collection agency to secure payment.

b. Case Management Rates. Case management includes, but is not limited to, time spent on letter writing, treatment summaries, school observations, any telephone consultation that is beyond scheduling needs, scoring and analysis of evaluation measures, as well as consultation with teachers, case workers, and other mental health or medical providers. **Time spent on these matters will be billed at the prorated hourly rate of \$130.**

c. Crisis Management Support. Extra support needed for crisis management will be billed at the hourly rate of \$130. This includes extra phone support, documentation required beyond a usual session note, as well as consultation with other professionals.

d. Legal Proceedings. If I am subpoenaed for legal proceedings or agree to appear in court, all time spent preparing for court as well as appearing in court will be billed at \$150 per hour (e.g. speaking to lawyer, answering phone calls and emails, reading and writing reports, preparing for testimony, travel time, waiting time, etc.). I require a minimum retainer fee of \$500 in advance of any work done for a legal proceeding. I require an additional deposit of \$300 before any court appearance. The additional deposit of \$300.00 is not returned if the court case is continued or dismissed within 7 days of the scheduled court date, as I have left this day open just to appear in court with you and may not be able to schedule any appointments. Also, if I am

placed “on call” for court testimony, I cannot schedule appointments for that day, and the fee for being “on call” is \$500.00. When placed “on call”, the \$500.00 fee will be applied to any charges incurred on that day. Any additional charges beyond \$500 will be billed at \$150.00 per hour. If another party compels me to testify about your case, you are still responsible for all costs incurred related to the matter.

Public Encounters: Given that Central Oregon is still a relatively small community, it is likely that we may inadvertently see each other in other public settings outside of my office. Should this occur, I would like you to know that my intent is to always protect your privacy and confidentiality. Therefore, I will not initiate contact with you in public. However, should you choose to do so, I am happy to respond appropriately.

Custodian of Record: Should I no longer be available to cover my practice in the event of incapacitation or death, my professional colleague Lauren Gablien, Registered MFT Intern is my record custodian. In the event she needs to be contacted, she can be reached at (541) 647-2348.

As a client of an Oregon licensee, you have the following rights:

1. To expect that a licensee has met the qualifications of training and experience required by state law;
2. To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
3. To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
4. To report complaints to the Board;
5. To be informed of the cost of professional services before receiving the services;
6. To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: a) Reporting suspected child abuse; b) Reporting imminent danger to you or others; c) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; d) Providing information concerning licensee case consultation or supervision; and e) Defending claims brought by you against me;
7. To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists:

**3218 Pringle Rd SE, #120, Salem, OR 97302-6312 Telephone: (503) 378-5499
Email: lpct.board@state.or.us Website: www.oregon.gov/OBLPCT**

For additional information about this therapist, consult the Board’s website.